# **VOLUNTEER OPPORTUNITIES**

#### SAN BRUNO CATHOLIC WORKER

555 San Bruno Avenue, San Bruno (650) 827-0706, Coordinator: Peter

Volunteer Hours: Every day 5-7pm Call ahead to schedule. Students can help prepare and serve hot meals to those in need at St. Bruno Church.

# **INTERCOMMUNAL SURVIVAL SCHOOL (ISS)**

713 - 2<sup>nd</sup> Avenue, San Mateo (650) 347-0463

Volunteer Coordinator: Mindy Camacho

Intercommunalpreschool.com

Volunteer Hours: M-F after school to work with children, some weekend opportunities available. Call ahead to schedule. Help at a state funded non-profit child development center serving children ages 2 ½-5 from families with low to moderate income levels. Volunteers can read to children and participate in small group activities.

Permission slip needed, but can be completed through email.

#### SAN BRUNO MOUTAIN WATCH

44 Visitation, Suite 206, Brisbane, CA 94005 (415) 467-6631 www.mountainwatch.org/volunteer

Volunteer sign-up through website. Service activities include plant nursery work, removal of invasive plants, and habitat restoration. Permission slips needed. Check website for calendar and work location.

### **PARCA's REACH Program**

2322 Crestmoor Drive, San Bruno (650) 871-8402, Coordinator: Cecilia Hinkston <a href="mailto:crestmoor@parca.org">crestmoor@parca.org</a>.

Call ahead to schedule. Help at an after school program for disabled students ages 5-12 with homework, leading activities, and playing outside with the children.

# MEAL TRAIN for MISSIONARIES of CHARITY (Mother Teresa of Calcutta Order)

164 Milagra Drive, Pacifica, CA 94044 650-355-3091 Contact: Sister John Marie

### Sign up:

https://www.mealtrain.com/trains/95o2dk
Prepare and deliver a Friday hot meal for 16
people (patients/sisters) with requirements
that are noted at website.

# NORTH PENINSULA FOOD PANTRY & DINING ROOM

www.fooddc.org 31 Bepler Street, Daly City (650) 994-5150

Call ahead to schedule. Volunteers can assist with serving food to the needy on Mondays, Tuesdays, and Thursdays from 4:30-6:00pm

#### WHEELERS@Bel Mateo Bowl

43<sup>rd</sup> Avenue & Olympic Avenue, San Mateo (650) 430-9362, Coordinator: Jackie Finghitella

Volunteer Hours: Saturday 1-3 pm. Call ahead to Schedule. Help individuals with special needs bowl!

#### SPECIAL OLYMPICS, NORTHERN CA.

www.sonc.org

(707) 578-5941 Contact: Nate Evans

Email: <a href="mailto:natee@sonc.org">natee@sonc.org</a>

A sports training and competition program for developmentally disabled children and adults. Train and coach athletes, or assist at events. Call ahead to schedule.

# ST. VINCENT DE PAUL SOCIETY HOMELESS HELP CENTER

344 Grand Avenue, South San Francisco **THRIFT STORES** 

(650)589-9039: Coordinator: Lisa Collins

## Register at www.svdpsm.org/vol

Open to volunteers in 8<sup>th</sup> grade and above only. Volunteers under 18 (at Help Center) under 15 (at Thrift Stores) must be accompanied by an adult. Permission slips needed.

### ST. ANTHONY DINING ROOM

150 Golden Gate Avenue, San Francisco www.stanthonysf.org (415) 592-2748, Coordinator: K Rutledge (krutledge@stanthonysf.org)

Must go to website to sign up online, prior to date you want to volunteer. **Volunteers must be minimum of 13**. Help serve the daily meal to the hungry and homeless of San Francisco.

#### **CADENCE Millbrae**

1201 Broadway, Millbrae Email: <a href="mailto:info@cadencesl.com">info@cadencesl.com</a> (650) 742-9150

Email or call for details. Help residents with various activities

#### MILLBRAE NURSERY SCHOOL

86 Center Street, Millbrae (650) 589-3028 Contact: Carla Jonoubeh www.millbraenurserycoop.com

Call ahead to schedule. Help assist young children with art projects, reading and other activities. Volunteers are also needed for special events.

#### SECOND HARVEST FOOD BANK

www.shfb.org/volunteer 1051 Bing Street, San Carlos (650) 610-0800 ext.150. volschedsmc@shfb.org

Register on website or call or email ahead to schedule. Helps feed an average of 253,000 low-income people (more than half of whom are children) each month. Work in the food warehouse sorting, boxing and salvaging food. Adult must accompany volunteer, minimum age is 14.

# HANDICAPABLE LUNCHEON

St. Mary's Cathedral in San Francisco Rooms B & C underneath Cathedral Coordinator: Joanne Borodin (415) 239-4865 E-mail: <a href="mailto:jcad@att.net">jcad@att.net</a>. www.Handicapables.com

Hours: Usually the 3<sup>rd</sup> Saturday, 11:30am - 2 pm. Email or call ahead to schedule. Help serve lunch, carry trays, and clean up at luncheon for adults with disabilities. **Adult must accompany volunteer.** 

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