



March 3, 2024

Third Sunday of Lent

Jesus answered and said to them,
"Destroy this temple and in three days I will raise it up." (Jn 2:19)

March 3, 2024 | 3rd Sunday of Lent

I am the Lord your God ... You shall not have other gods beside me. —Ex 20:2-3 One of the greatest golfers of all time — if not the greatest — was Jack Nicklaus. Which is why it is baffling that at the beginning of each season he would return to his childhood coach and re-learn how to grip the golf club. It's like Shakespeare re-learning the alphabet and grammar. Why would he do that? Because Jack knew that the fundamentals are always relevant. Perfecting and obsessing over his grip allowed him to do everything else in the game well. In sports and life, the best ones love the basics.

Similarly, as we begin Lent, we re-learn the spiritual basics in the Ten Commandments. Consider the first, to "have no other gods besides me." This is our "grip." Is our connection to God one of absolute fidelity and exclusive worship? Am I willing to let go of my precious idols, the things I cling to instead of God? Once we say "yes" to this fundamental question of our spiritual "grip," then we are ready to properly engage with everything else in life. Watch how beautifully the game of life unfolds in the next nine commandments (numbered in parentheses): how we speak to God and others (2 and 8), how we organize our week (3), how we relate to our family (4) and the wider community (5 and 7), how we live our sexuality (6), and how we order all the other desires of the human heart (9 and 10). But don't rush to these later Commandments too soon! Everything in life is built on the first Commandment. The more we focus on worshiping God alone, the better we navigate the complexity of life with panache, effectiveness, and love. **Lenten challenge:** This week, identify what you can do to better worship God alone. If you're not sure, scan the last nine commandments to identify what you are most likely to worship instead of God. Power, pleasure, control of your time, possessions, family, health, reputation, money? Commit to concrete action to help you let go of this "idol" to better hold on to God alone in faithful worship. Remember: the best love the basics.

Prayers of Protection for Our Men and Woman in the Service In continued prayerful support of our men and women in the military, please call the rectory with name, rank, and branch of service and location (if allowed) of your loved ones who are serving our country.

- Christopher Bruzzone, SPC, Army Combat Medic**
- 1LT Daniel Realini, US Army**
- Eric M. Warren, US Air Force**
- Major Deron T Warren, DO, US Air Force, MC**
- Tom Harold Purple, US Army**
- Adam J Helmers, US Navy**
- Gregory M Grogan, PO1, USCG-R**
- Michael Obregon, CPL, USMC**
- Luigi Lorenzo, 2nd Lieutenant US Airforce**
- Enrico Enriquez US Army**
- Jacob Arnold, Sergeant, US Army**
- Ben Soto, US Airforce**
- Ken Soto, US Air National Guard**
- James Raphael R. Cepriano, US Navy**
- John Lorenzo R. Cepriano, US Navy**
- Dominic Galarza, US Army**
- Michael Laemmlein, US Navy**
- Matthew A. Martinez, 1st Lieutenant US Army**
- Katie Kramer, Staff Sergeant, Nebraska National Guard**
- Timothy Joseph Summit, US Air Force**



St. Dunstan Parish Prayer

God, our Father, we are all your children. Jesus, our Brother, you taught us to love. Holy Spirit, by Your Light, may our parish family grow. St. Dunstan, pray for us. Amen.

FAMILY MASS!

One Sunday each month through May, St. Dunstan School grades K through 8 will take a turn hosting the monthly Sunday Family Mass at 10 am. A reception will be held in the parish center immediately after the Mass. We welcome everyone to the Family Mass.

10 AM FAMILY MASS SCHEDULE & HOSTING CLASS

- + Sunday, March 10, 2024 2nd Grade
- + Sunday, April 14, 2024 1st Grade
- + Sunday, May 19, 2024 Kindergarten

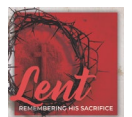
This Lent 2024 take a stand for LIFE!

From February 14 - March 24 commit to one hour weekly at the 40 Days for Life peaceful sidewalk prayer vigil: 2907 El Camino Real, Redwood City. Meet many other faithful committed Catholics. Schedule your Lenten commitment through Jessica: phone/text 650-918-9119, or email themunns@yahoo.com or schedule yourself online at: www.40daysforlife.com/redwoodcity God will surely bless you for it – you will not be at the vigil alone - and you may save a life!

Parishioners, the 2024 Archdiocesan Annual Appeal will soon be under way. We will kick off the campaign on March 2 & 3. St. Dunstan Parish Assessment for 2024 is \$108,872.

Next weekend our Family Mass will be celebrated at 10 am, and will be hosted by our 2nd grade families. Please join us in fellowship and friendship. A reception will be held in the parish Center immediately following the mass.

LENTEN REGULATIONS: Everyone 14 years of age and older is bound to abstain from meat on Ash Wednesday, the Fridays of Lent and Good Friday. On these days the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted. When health or ability to work would be seriously affected, the law does not oblige. In doubt concerning fast or abstinence, a priest assigned to pastoral ministry or confessor should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation. Parishioners are encouraged to receive the Sacrament of Reconciliation during Lent, and attend one of the daily Masses at 6:30 am & 8:00 am and 5:10 pm. Stations of the Cross are Fridays at 2:15 pm and 7 pm





March 3 - 9, 2024

- Sunday** 7:00 am For Parish
- Monday** 6:30 am The Munoz Family (liv/dec)
8:00 am Ruairi Flanagan
5:10 pm Benjamin Go Ang
- Tuesday** 6:30 am Claire Haggarty (living)
8:00 am Crystal Agius
5:10 pm Adolfo Del Carlo
- Wednesday** 6:30 am Ken McGlynn (living)
8:00 am Pedro Melendez & Sila Melendez
5:10 pm Dores Summit
- Thursday** 6:30 am Cruz Lagomarsino (living)
8:00 am Frank De Leone & Anthony Alioto
5:10 pm Dionisia D. Santos
- Friday** 6:30 am Gerry & Miriam Engeli
8:00 am "Coach" Bob Moore
5:10 pm Joyce Nocetti
- Saturday** 8:00 am Bev Borges
5:00 pm Connie Fry

We Pray for the Deceased Members of our Parish Family

Thank you to our Lectors and Eucharistic Ministers For Serving at this Weekend's Masses.

- 3/2 Saturday**
5:00 PM **L Pascual**, E Lumanlan, P Sundberg, G Tantillo, A Woolen
- 3/3 Sunday**
7:00 AM **V Tanjuakio**, R Tanjuakio, B Albright
10:00 AM **T Dizon**, K Whitfield, E Whitfield, L Whitfield, K Atkinson
11:30 AM **J Lazaro**, L Simpao, G Simpao, M Haven, J Roxas

Many thanks to our ushers and greeters at this weekend's mass. If you're interested in helping, please contact Ann at the rectory.



YOUTH MINISTRY NEWS

The St. Dunstan Youth Ministry will be having a meeting next Sunday, March 3rd from 11:15am to 1:15pm, in the Convent. Pizza will be provided for lunch.

All 6th to 12th graders are welcomed! We hope to see you there!



February 24 & 25: \$5,969.00
February 24 & 25: Online Giving: \$1,461.00

Maintenance & Development Fund
February: \$2,746.00

Thank you for ALL your support !

March 2024 Second Collections

- March 10: Catholic Relief Services**
- March 17: Easter Flowers for Church**
- March 24: Parish Maintenance & Development Fund**

SAINTS AND SPECIAL OBSERVANCES

- Sunday: 3rd Sunday of Lent
- Monday: St. Casimir
- Thursday: Sts. Perpetua and Felicity, Martyrs
- Friday: St. John of God, Religious
- Saturday: St. Frances of Rome, Religious; St. Catherine of Bologna
- Next Sunday: 4th Sunday of Lent, Daylight Saving Time begins

LENTEN ROSARY, each Saturday at 12:00 noon during Lent. Join us in the church or church grotto (weather permitting). Our thanks go to The Legion of Mary for organizing this series of rosaries to Our Lady.



Open in Spirit to God (BLD) would like to invite you all to its 17th Annual BLD Crab Feed Fundraiser. It will be on Saturday, March 9, at 6:00 PM at the St. Dunstan Parish Center. Tickets are \$70 ea. For information please contact Joseph Lazaro at 650-201-6351. Thank you and God bless.



We pray for the sick members of our parish family and for those who care for them:

Susan Silvera-Dunn, Nafal Jweinat, Emily Marshall, Mary Spiteri, Annie O'Sullivan, Wilma & Heather Aragon, Vonnie Spencer, Maria Teresa Rosario, Kathy Montiel, Ida Marinaro, Letty Santa Cruz, Mike Phipps, Karen Neal, Joel Rivera, Diane Vanoncini, Eric B. Garcia, Peggy Winkenbach, Jr, Barbara Cappel, Irene Aubright, Christine Monahan, Paul Leung, Arthur Starrh, Margaret Armstrong, Valentino Regal, Christine Regal, Matilda An, Carolina Cedia Orantes, Lori Coustier, Carole Weldon, Rosa Mallare, Doug Wright, Joan Walsh, Cheryl Spray, Conchita Chao, Lucrecia Merida, Joshua Liu, Andrew de los Reyes, Marchita Obregon, Carmel Richard, Frank Richard, Fiona Selig, Geronimo De Los Reyes, Fernando S. De Los Reyes, Cruz David Lagomarsino, Dave Marquez, Denise Fricano, Terry Marquez, Dominic Cannuli, Rosemarie Regal, Yolanda Viteri, Flordeliz Sanchez Ledesma, Luke Skall, Willie Manalang, Consuelo Robel, Gary Wilson, Baby Leon Regal, Michael Regal, Sharon Alejo, Rolando Lopez, Olivia and Grace Hallermann, Meaghan Douglas, Cynthia Aclaro, Antonio Borlat, Dawn Rossi, Kathy Wilson, Rolando Lopez, Fr. Brendan Hally, Claro Zulueta, Marcelina Gatchalian, Harry Aubright, Barbara Vas, Charlie Silva, Imelda Arceo, Samuel Williams, Baby Winston Regal, Carlos Yegros Ocanipos, Dorice Mallia, Gladys Tordaro, Sylan Joanne Newsom, Alicia Abell, Ralph Sternick, Virginia Victoria Rivera