

March 17, 2024 Fifth Sunday of Lent

"Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit." (Jn 12:24)

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A middle-aged woman sat on the couch in my parish office and recounted to me a shocking list of terrible calamities in her life: addictions, terminal illnesses, financial loss, broken relationships, and so on. She smiled as she did so. "Please forgive me," I asked, "but you seem to be smiling as you share this." She said, "Father John, I am totally overwhelmed. But I'm smiling because I just can't wait to see what good things God does with this mess." She expected God would manifest His glory when she most needed it.

This week in the Gospel, God speaks from heaven for the third and final time in Jesus' earthly ministry. It's at a tough moment. Gentiles seek Jesus, who announces his terrible suffering, and then boldly prays, "Father, glorify your name!" John then writes: Then a voice came from heaven, "I have glorified it and will glorify it again." Was the task of drawing the whole non-Jewish world to himself overwhelming? Or was it the terrible specter of crucifixion? Whatever it was, the crushing weight triggers his turning to the Father with an unshakeable expectation of divine glory to burst through. And indeed, it did on Easter Sunday. In our burdens, our greatest strength is to turn to God and boldly ask Him for His glory.

Lenten challenge: This week, I invite you to list out everything which is a burden to you. Write it down. Then add these words: "Father, glorify Your name in all these things!" Put that paper in your pocket or purse when you come to Holy Week liturgies next week. You might smile at the most unlikely times.

~ Fr John Muir

Prayers of Protection for Our Men and Woman in the Service In continued prayerful support of our men and women in the military, please call the rectory with name, rank, and branch of service and location (if allowed) of your loved ones who are serving our country. Christopher Bruzzone, SPC, Army Combat Medic 1LT Daniel Realini, US Army Eric M. Warren, US Air Force Major Deron T Warren, DO, US Air Force, MC Tom Harold Purple, US Army Adam J Helmers, US Navy Gregory M Grogan, PO1, USCG-R Michael Obregon, CPL, USMC Luigi Lorenzo, 2nd Lieutenant US Airforce Enrico Enriquez US Army Jacob Arnold, Sergeant, US Army Ben Soto, US Airforce Ken Soto, US Air National Guard James Raphael R. Cepriano, US Navy John Lorenzo R. Cepriano, US Navy Dominic Galarza, US Army Michael Laemmlein, US Navy Matthew A. Martinez, 1st Lieutenant US Army Katie Kramer, Staff Sergeant, Nebraska National Guard **Timothy Joseph Summit, US Air Force**

St. Dunstan Parish Prayer God, our Father, we are all your children. Jesus, our Brother, you taught us to love. Holy Spirit, by Your Light, may our parish family grow. St. Dunstan, pray for us. Amen.

FAMILY MASS!

One Sunday each month through May, St. Dunstan School grades K through 8 will take a turn hosting the monthly Sunday Family Mass at 10 am. A reception will be held in the parish center immediately after the Mass. We welcome everyone to the Family Mass.

10 AM FAMILY MASS SCHEDULE & HOSTING CLASS+ Sunday, April 14, 20241st Grade+ Sunday, May 19, 2024Kindergarten

This Lent 2024 take a stand for LIFE! From February 14 - March 24 commit to one hour weekly at the

40 Days for Life peaceful sidewalk prayer vigil: 2907 El Camino Real, Redwood City. Meet many other faithful committed Catholics. Schedule your Lenten commitment through Jessica: phone/text 650-918-9119, or email themunns@yahoo.com or schedule yourself online at: www.40daysforlife.com/ redwoodcity God will surely bless you for it – you will not be at the vigil alone - and you may save a life!



May peace and plenty bless your world with a joy that long endures, and may all life's passing seasons bring the best to you and yours.

LENTEN REGULATIONS: Everyone 14 years of age and older is bound to abstain from meat on Ash Wednesday, the Fridays of Lent and Good Friday. On these days the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted. When health or ability to work would be seriously affected, the law does not oblige. In doubt concerning fast or abstinence, a priest assigned to pastoral ministry or confessor should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation. Parishioners are encouraged to receive the Sacrament of Reconciliation during Lent, and attend one of the daily Masses at 6:30 am & 8:00 am and 5:10 pm. Stations of the Cross are Fridays at 2:15 pm

Thursday

Friday

3/16 Saturday

3/17 Sunday

Lady.

7:00 AM

10:00 AM

