



# December 3, 2023

## First Sunday of Advent

“Watch, therefore; you do not know when the lord of the house is coming.” (Mk 13:35)

December 3, 2023

### Our Lord Jesus Christ, King of the Universe

Lately I’ve been listening to a science-based podcast on healthy daily living. The host frequently discusses the wide range of health benefits of sleep. So, each night I’m trying to get more, and better, slumber, and it’s helping me feel energized. So, why in the world should we follow Christ’s advice this week? “Watch therefore, for you do not know when the master of the house will come ... lest he find you asleep.” Isn’t sleep, especially at midnight and cockcrow, a good thing?

Of course, it is. But the wakefulness the Lord calls us to is a deep, personal orientation to Him. A nightly vigil is therefore a metaphor for this, but it’s not just that. We should give up real sleep in order to pray, too. This difficult practice is a time-tested way to foster wakefulness of heart. When we give up sleep to pray, it focuses us. We learn that life is not an endless series of days. You and I belong to the Lord — awake or asleep, in life and in death. Sooner or later, even our need for our physical sleep will pass away. And our attentiveness to God — that is, whether we are awaiting Him to meet us — will be all that matters.

May I challenge us this week and this Advent to intentionally give up at least one hour of sleep each week for prayer? Stay up later, wake up in the middle of the night, or an hour earlier, and pray. Will we be a bit more tired the next day? Yes. But we’ll be amazed at the spiritual wakefulness that results, too.

-Fr John Muir

**Prayers of Protection for Our Men and Woman in the Service** In continued prayerful support of our men and women in the military, please call the rectory with name, rank, and branch of service and location (if allowed) of your loved ones who are serving our country.

- Christopher Bruzzone, SPC, Army Combat Medic**
- 1LT Daniel Realini, US Army**
- Eric M. Warren, US Air Force**
- Major Deron T Warren, DO, US Air Force, MC**
- Tom Harold Purple, US Army**
- Adam J Helmers, US Navy**
- Gregory M Grogan, PO1, USCG-R**
- Michael Obregon, CPL, USMC**
- Luigi Lorenzo, 2nd Lieutenant US Airforce**
- Enrico Enriquez US Army**
- Jacob Arnold, Sergeant, US Army**
- Ben Soto, US Airforce**
- Ken Soto, US Air National Guard**
- James Raphael R. Cepriano, US Navy**
- John Lorenzo R. Cepriano, US Navy**
- Dominic Galarza, US Army**
- Michael Laemmlein, US Navy**
- Matthew A. Martinez, 1st Lieutenant US Army**
- Katie Kramer, Staff Sergeant, Nebraska National Guard**



### St. Dunstan Parish Prayer

**God, our Father, we are all your children. Jesus, our Brother, you taught us to love. Holy Spirit, by Your Light, may our parish family grow. St. Dunstan, pray for us.**

**Children of the Parish, ages 5-14 are invited to take part in this year's Christmas Eve Mass and Pageant on Sunday, December 24 at 4:30 pm. Please call the Parish Office at 650-697-4730 or email [secretary@saintdunstanchurch.org](mailto:secretary@saintdunstanchurch.org) for more information.**

### FAMILY MASS!

**One Sunday each month through May, St. Dunstan School grades K through 8 will take a turn hosting the monthly Sunday Family Mass at 10 am. A reception will be held in the parish center immediately after the Mass. We welcome everyone to the Family Mass.**

### 10 AM FAMILY MASS SCHEDULE & HOSTING CLASS

- + Sunday, December 10, 2023                      5th Grade
- + Sunday, January 21, 2024                      4th Grade
- + Sunday, February 11, 2024                      3rd Grade
- + Sunday, March 10, 2024                        2nd Grade
- + Sunday, April 14, 2024                         1st Grade
- + Sunday, May 19, 2024                         Kindergarten

**St. Dunstan's T.E.R.E.S.A. Committee**  
**“Little Stars Shine Brightly” Christmas Giving Trees 2023**  
**Benefiting Society of St. Vincent de Paul ~ St. Dunstan**  
**Conference & St. Vincent de Paul's ~ Catherine's Center**

This year we will be setting up our Christmas Giving Trees in our Church commencing November 26, 2023. We will be collecting gift cards and monetary donations as they are greatly needed for the families of Society of St. Vincent de Paul and also residents of its Catherine's Center. Should you wish to donate, please select an ornament(s) from the trees and purchase the gift cards listed on the ornament.

We need gift cards from Target, Walgreens, Safeway, or Trader Joe's in \$25 denominations. If monetary donations are preferred, please make checks payable to “St. Dunstan T.E.R.E.S.A. Committee”. You may deliver all donations to the rectory Please drop off all gifts card or monetary gifts by December 13, so that the gifts will be ready to be personally delivered by to the SVDP families and Catherine Center residents in time for Christmas.

**YOUR KINDNESS WILL MAKE SOMEONE'S CHRISTMAS WISH COME TRUE! THANK YOU !! THANK YOU !!**

### LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Advent is a time for waiting, for hoping, for praying. It is a time for reflecting on the special work to which God calls us all. Stay alert. Show Him you are listening.



## December 3- 9, 2023

- Sunday** 7:00 am For Parish
- Monday** 6:30 am The Munoz Family (liv/dec)  
8:00 am Valsa John  
5:10 pm Capulone Family in Thanksgiving
- Tuesday** 6:30 am Peter De Lucca  
8:00 am Deceased members of the Ocafrain-Dagorret Families  
5:10 pm John Paul & Victor Velog (living)
- Wednesday** 6:30 am Samuel Din & Pedro Escoto  
8:00 am Frank Cannizzaro  
5:10 pm Marie Favero
- Thursday** 6:30 am Idefonso Fulay & Lucena Fulay  
8:00 am Bob Keefe  
5:10 pm Michael Adam Opalenik
- Friday** 6:30 am So Jeo Cheon  
8:00 am Forgotten Souls in Purgatory  
11:00 am Barbara Nicholson  
5:10 pm Pablo Bolivar  
7:00 pm Magsaysay Family in Thanksgiving
- Saturday** 8:00 am Rose Kennedy  
5:00 pm Justo Jaimerena

### We Pray for the Deceased Members of our Parish Family

*Tom Zlatunich, Pauline Bertolino*

**Thank you to our Lectors and Eucharistic Ministers For Serving at this Weekend's Masses.**

- 12/2 Saturday**  
5:00 PM **E Lumanlan**, T Phipps, F Gutierrez, G Tantillo
- 12/3 Sunday**  
7:00 AM **V Tanjuakio**, B Albright, S Bosso  
10:00 AM **F Sigona**, T Dizon, M Muzzi, A Academia, Lorna V,  
11:30 AM **P Hain**, L Aragon, C Caimotto, J Roxas, J Lazaro

**Many thanks to our ushers and greeters at this weekend's mass. If you're interested in helping, please contact Ann at the rectory.**

**December Family Mass.....Please join us on Sunday, December 10 at 10 am for our monthly Family Mass. This month, our 5th grade families will host the mass and reception immediately after mass in the Parish Center. All parishioners are invited to attend.**

**Friday, December 8th is the Feast of the Immaculate Conception, a Holy Day of Obligation. There will a vigil mass on Thursday, December 7 at 5:10pm and Masses on Friday, December 8 will be at 6:30 am, 8 am, 11 am, 5:10 pm and 7:00 pm**



### Weekend Collection:

**November 18-19: \$6,510.00**

**Online Giving: November 18-19: \$1,559.00**

**November 25-26: \$6,014.00**

**Online Giving: November 25 & 26: \$1,663.00**

**\*This weekend's second collection will be for Christmas Flowers for the Church**

**\*Next weekend's second collection will be for the Retirement Fund for the Religious**

**Thank you for ALL your support !**

### December 2023 Second Collections

**December 3 : Christmas Flowers for the Church**

**December 10: Retirement Fund for the Religious**

**December 17: Parish Maintenance & Development Fund**

### SAINTS AND SPECIAL OBSERVANCES

- Sunday: 1st Sunday of Advent  
Monday: St. John Damascene, Priest and Doctor of the Church  
Wednesday: St. Nicholas, Bishop  
Thursday: St. Ambrose, Bishop and Doctor of the Church  
Friday: The Immaculate Conception of the Blessed Virgin Mary  
Saturday: St. Juan Diego Cuauhtlatotzin  
Next Sunday: 2nd Sunday of Advent

### Archdiocesan Annual Appeal

The Archdiocesan Annual Appeal (AAA) is run primarily at the parish level, allowing each parish to participate in the work of the Archbishop to provide for the vital services and ministries needed in the Archdiocese of San Francisco and beyond. The money you contribute has a far-reaching impact in your parish, your Archdiocese and beyond. Think about making a pledge to help your parish, the Archdiocese and the Universal Catholic Church. To date St. Dunstan Parish is \$28,000 short of reaching this goal of \$112,000. This campaign ends on December 31, 2023.

If you have not yet contributed to this year's Archdiocesan Annual Appeal, please consider doing so today. Any shortfall will have to be paid from parish operating funds.

### We pray for the sick members of our parish family and for those who care for them:

Susan Silvera-Dunn, Nafal Jweinat, Emily Marshall, Mary Spiteri, Annie O'Sullivan, Wilma & Heather Aragon, Vonnie Spencer, Maria Teresa Rosario, Kathy Montiel, Ida Marinaro, Letty Santa Cruz, Mike Phipps, Karen Neal, Joel Rivera, Diane Vanoncini, Eric B. Garcia, Peggy Winkenbach, Jr, Barbara Cappel, Irene Aubright, Christine Monahan, Paul Leung, Arthur Starrh, Margaret Armstrong, Valentino Regal, Christine Regal, Matilda An, Carolina Cedia Orantes, Lori Coustier, Carole Weldon, Rosa Mallare, Doug Wright, Joan Walsh, Cheryl Spray, Conchita Chao, Lucrecia Merida, Joshua Liu, Andrew de los Reyes, Marchita Obregon, Carmel Richard, Frank Richard, Fiona Selig, Geronimo De Los Reyes, Fernando S. De Los Reyes, Cruz David Lagomarsino, Dave Marquez, Denise Fricano, Terry Marquez, Dominic Cannuli, Rosemarie Regal, Yolanda Viteri, Flordeliz Sanchez Ledesma, Luke Skall, Ed Phipps, Willie Manalang, Consuelo Robel, Gary Wilson, Baby Leon Regal, Michael Regal, Sharon Alejo, Rolando Lopez, Olivia and Grace Hallermann, Meaghan Douglas, Cynthia Aclaro, Antonio Borlat, Dawn Rossi, Kathy Wilson, Rolando Lopez, Fr. Brendan Hally, Claro Zulueta, Marcelina Gatchalian, Harry Aubright, Barbara Vas, Charlie Silva, Imelda Arceo, Samuel Williams, Baby Winston Regal, Carlos Yegros Ocanipos, Dorice Mallia, Gladys Tordaro, Sylan Joanne Newsom, Alicia Abell, Ralph Sternick