



“WHOEVER EATS MY  
FLESH AND DRINKS  
MY BLOOD REMAINS  
IN ME AND I IN HIM.”  
—JN 6:56

THE MOST HOLY  
BODY AND BLOOD  
OF CHRIST

EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCD. ©LPI

Rev. Joseph Glynn, C.S.Sp. - Pastor  
Rev. Thomas Basquel, C.S.Sp. - Associate Pastor  
Rev. Diarmuid Casey, C.S.Sp. - In Residence  
Rev. Alwyn Furtado, C.S.Sp. - In Residence  
Deacon Ric Cepriano  
Ann Woolen - Operations Manager  
Dr. Laura Sandoval -Principal  
Cindy Bruni - Music Director  
Cecile Toy - Faith Formation Coordinator

**CONTACT US:**

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Religious Education Office: 650-697-7451  
Music Director : 650-302-6738 School  
Extended Care: 650-697-2231

**BAPTISM:** Sundays at 12:30 pm preceded by instruction for the parents and godparents. Please call the rectory for more information.

**MARRIAGE:** Arrangements for the marriage preparation program must be made at least six months prior to the date of marriage. Call the Rectory for an appointment.

**ANOINTING THE SICK:** Call the rectory when you know of anyone who is ill at home, in the hospital, scheduled for surgery or homebound.

**REGISTRATION IN THE PARISH:** Registration forms are available at [www.saintdunstanchurch.org](http://www.saintdunstanchurch.org) or by calling the parish office.

**RECONCILIATION:** Saturdays 8:30 to 9:00 am & 3:00 - 4:00 pm and by appointment at the rectory.

**MASS TIMES:**

**WEEKDAYS:** 6:30 am, 8:00 a.m. & 5:10 pm in the church  
**SATURDAYS:** 8:00 a.m., 5:00 p.m. (Vigil Mass) in the church  
**SUNDAYS:** 7:00 am, 10:00 am & 11:30 am in the church  
**ONLINE MASS** Sunday Mornings beginning at 8 am on YouTube  
**HOLY DAYS:** 6:30 a.m, 8:00 a.m, 11:00 am, 5:10 pm, & 7:00 p.m.

1133 Broadway Millbrae, CA 94030

[www.saintdunstanchurch.org](http://www.saintdunstanchurch.org)



June 11, 2023

## The Most Holy Body & Blood of Christ

“For my flesh is true food and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him.” (Jn 6:55-56)

June 11, 2023

### The Most Holy Body & Blood of Christ

Years ago, a woman at daily Mass approached me in the communion procession. She had her arms crossed, indicating she wanted a blessing instead of the Sacred Host. She had tears in her eyes. I gave her a little blessing. She returned the next day. And the next. The same thing repeated. After a few weeks, I asked her why she didn't receive Holy Communion. She said she wasn't Catholic yet and was preparing to become so. I asked her why she wanted to be Catholic. She said, "Because I long to be in a real communion with Christ and with everyone I love." That, I submit, is a darn good reason. A few months later, she became Catholic and received the Body and Blood of Christ with unspeakably great joy and still does to this day.

Saint Paul says of the Eucharistic bread, "Is it not a participation in the body of Christ?" For Paul, the answer is obvious. Yes, it is exactly that. Which is why he can say, "we, though many, are one body." Jesus is truly, really, and substantially present in the Holy Eucharist. This is no magic trick, but a mystery of our salvation. He feeds us with the Sacrament of his body so that our communion with him — and with the other members of his body — is built up and becomes mature. That's why the Eucharist quenches our deep thirst for love and communion. The Body and Blood of Christ is the best reason to be Catholic. It's our participation of love in the one we love.

Father John Muir LPI



### St. Dunstan Parish Prayer

God, our Father, we are all your children. Jesus, our Brother, you taught us to love. Holy Spirit, by Your Light, may our parish family grow. St. Dunstan, pray for us.

St. Dunstan Liturgy Committee would like to ask each parishioner to consider volunteering to be a Lector and/or Eucharistic Minister. We are happy and able to work around your schedule to find the Mass that is most convenient for you to aid with. We publish the schedule every other month so you know your dates of service in advance and can plan accordingly. For all new volunteers, a training session(s) will be scheduled, to prepare you for your ministry.

Ministers of the Word or Lectors, Otherwise known as the reader, the lector reads the lesson from Sacred Scripture, except the Gospel, in mass and for other sacred celebrations. Lectors need a good, strong voice to proclaim before the congregation. If you are interested in donating your time, please free to call the rectory 650.697.4730 or speak with one of our parish priests.

### Archdiocesan Annual Appeal Update....

To date, we have received \$56,540 from parishioners for the 2023 Archdiocesan Annual Appeal. St. Dunstan's assessment this year is \$112,258. Thank you to all who have contributed.

If you have not donated to this year's appeal, please consider doing so.

The Retrouvaille community will host an in-person healing retreat for couples in July. If you are not familiar with them, they are a worldwide ministry for couples in difficult marriages. They claim a success rate of over 75% for couples to heal and improve their marriages. For more information call 510-709-6063.

Global Giving is providing food, water, shelter, and healthcare in Sudan.

Help by donating at [globalgiving.org](http://globalgiving.org), designate Sudan Emergency Fund. Donation will ONLY be used for Sudan. Or, donate at [worldfoodprogram.org](http://worldfoodprogram.org), designate for Sudan.

**LIVE THE LITURGY - INSPIRATION FOR THE WEEK**  
The Eucharist is the most sacred thing in the world, and yet in his mercy, God has made it accessible. In the Eucharist, God bends to meet us. Appearing under the appearance of our daily nourishment, he makes it not just possible but simple — blessedly simple — to fulfill his commandment.

**Prayers of Protection for Our Men and Woman in the Service** In continued prayerful support of our men and women in the military, please call the rectory with name, rank, and branch of service and location (if allowed) of your loved ones who are serving our country.

**Christopher Bruzzone, SPC, Army Combat Medic**

**1LT Daniel Realini, US Army**

**Eric M. Warren, US Air Force**

**Major Deron T Warren, DO, US Air Force, MC**

**Tom Harold Purple, US Army**

**Adam J Helmers, US Navy**

**Gregory M Grogan, PO1, USCG-R**

**Michael Obregon, CPL, USMC**

**Luigi Lorenzo, 2nd Lieutenant US Airforce**

**Enrico Enriquez US Army**

**Jacob Arnold, Sergeant, US Army**

**Ben Soto, US Airforce**

**Ken Soto, US Air National Guard**

**James Raphael R. Cepriano, US Navy**

**John Lorenzo R. Cepriano, US Navy**

**Dominic Galarza, US Army**

**Michael Laemmlein, US Navy**

**Matthew A. Martinez, 1st Lieutenant US Army**

**Katie Kramer, Staff Sergeant, Nebraska National Guard**



**June 11 - 17, 2023**

- Sunday** 7:00 am For Parish  
10:00 am Frank DeLeone & Anthony Alioto  
11:30 am The Aubright Family
- Monday** 6:30 am Jeffrey Brian Busik  
8:00 am Quigg ~ Franco Family (dec)  
5:10 pm Pascual Dela Rosa & Family
- Tuesday** 6:30 am Pang Wei Zen & Chow Wei In  
8:00 am Catie & Xavier Ocafrain (living)  
5:10 pm Gilbert Isais
- Wednesday** 6:30 am Maximo & Cerila Zulueta  
8:00 am John & Krista Budesa  
5:10 pm Fa Hung Chien
- Thursday** 6:30 am Peter Hsieh  
8:00 am John Spaulding  
5:10 pm Kyle Enanoria & Reno Vella
- Friday** 6:30 am Fa Hung Chien  
8:00 am Frank Cannizzaro  
5:10 pm George Roylance
- Saturday** 8:00 am Joseph I. & Michelina Bosso  
5:00 pm Frank Agius

**We Pray for the Deceased Members of our Parish Family**

**Thank you to our Lectors and Eucharistic Ministers For Serving at this Weekend's Masses.**

- 6/3 Saturday**  
5:00 PM **H Cook**, A Cook, L Pascual, E Lumanlan, F Gutierrez
- 6/4 Sunday**  
7:00 AM **I Chan**, R Tanjuakio, S Bosso  
10:00 AM **J Cardon**, P Maloney, R DiRicco, G Maldonado  
11:30 AM **J Lazaro**, L Aragon

**Many thanks to our ushers and greeters at this weekend's mass. If you're interested in helping, please contact Ann at the rectory.**



**Weekend Collection:**

June 3 & 4: \$6,731.00  
Online Giving: \$2,376.00

Next weekend's Second Collection will be for the Parish Maintenance & Development Fund

**Thank you for all your support!**

**Second Collections in June, 2023**

**June 18: Parish Maintenance & Development Fund**

**SAINTS AND SPECIAL OBSERVANCES**

- Sunday: The Most Holy Body and Blood of Christ
- Tuesday: St. Anthony of Padua, Priest and Doctor of the Church
- Wednesday: Flag Day
- Friday: The Most Sacred Heart of Jesus
- Saturday: The Immaculate Heart of the Blessed Virgin Mary
- Next Sunday: 11th Sunday in Ordinary Time; Father's Day

**The Maronite Church, the Heartbeat of the Christians in the Middle East: History and Importance at St. Dunstan Catholic Church**  
1133 Broadway Ave. Millbrae, CA 94030  
Friday, June 23 - 6 p.m.

**Contact: Valerie Schmalz | 415-614-5571 | schmalzv@sfarch.org**  
**Register at: <https://sfarchdiocese.org/event/religious-freedom-in-the-middle-east/>**

**The U.S. Conference of Catholic Bishops designates June 22-29 Religious Freedom Week. This year we are offering several events in observance of the week. On Friday, June 23, please join Archbishop Salvatore J. Cordileone and Father Armando Elkhoury, a Maronite priest, for Vespers at 6 p.m. This will be followed by a presentation on "The Maronite Church, the Heartbeat of the Christians in the Middle East: History and Importance" and a reception hosted by Our Lady of Lebanon**

**We pray for the sick members of our parish family and for those who care for them:**

Susan Silvera-Dunn, Nafal Jweinat, Emily Marshall, Mary Spiteri, Annie O'Sullivan, Wilma & Heather Aragon, Vonnie Spencer, Maria Teresa Rosario, Kathy Montiel, Ida Marinaro, Letty Santa Cruz, Caoilte O'Casey, Pauline Bertolino, Mike Phipps, Karen Neal, Joel Rivera, Diane Vanoncini, Eric B. Garcia, Peggy Winkenbach, Hugh O'Neill, Jr, Barbara Cappel, Irene Aubright, Christine Monahan, Paul Leung, Arthur Starrh, Margaret Armstrong, Valentino Regal, Christine Regal, Matilda An, Carolina Cedia Orantes, Lori Coustier, Carole Weldon, Rosa Mallare, Doug Wright, Joan Walsh, Cheryl Spray, Conchita Chao, Lucrecia Merida, Joshua Liu, Andrew de los Reyes, Marchita Obregon, Carmel Richard, Frank Richard, Fiona Selig, Geronimo De Los Reyes, Fernando S. De Los Reyes, Cruz David Lagomarsino, Dave Marquez, Denise Fricano, Terry Marquez, Dominic Cannuli, Rosemarie Regal, Yolanda Viteri, Flordeliz Sanchez Ledesma, Luke Skall, Arlene Phipps, Ed Phipps, Willie Manalang, Consuelo Robel, Gary Wilson, Baby Leon Regal, Michael Regal, Sharon Alejo, Rolando Lopez, Olivia and Grace Hallermann, Meaghan Douglas, Cynthia Aclaro, Antonio Borlat, Dawn Rossi, Kathy Wilson, Rolando Lopez, Fr. Brendan Hally, Claro Zulueta, Marcelina Gatchalian, Harry Aubright, Bernie Vas, Barbara Vas, Charlie Silva, Imelda Arceo, Samuel Williams

